ELLES
SEMI-PERMANENT MAKE-UP

Pre Procedure Care for Permanent Cosmetic Enhancement

Permanent cosmetic enhancements can require multiple applications of colour to reach the desired outcome. To achieve the best results you will be required to return for at least one Top Up procedure between four and eight weeks after the initial application which is included in your treatment price. Depending on how your skin heals and holds onto pigment, you may require an additional top up which is at a reduced rate.

Be prepared for the colour intensity to be significantly sharper and darker immediately after the procedure. This will subside and become softer as the skin heals. This process can take up to fourteen days.

General Pre Advice

- Since delicate skin or sensitive areas may be swollen or red, you are advised not to make social plans on the day of your enhancement.
- Please do not wear heavy makeup at your procedure appointment where we will be performing your enhancement. such as mascara for eyeliner procedures.
- Do not take aspirin or anti-inflammatory medication such as Ibuprofen 2 days prior to and after your enhancement.
- Do not discontinue any medication before consulting your doctor.
- No alcohol for a minimum of 2 days prior to and after your enhancement. Migration can occur from thinning of blood. Hydrate your body with water for at least 1 week before treatment.
- A patch test will be performed unless waived upon request.
- Do not use Retin A skincare products close to the area to be treated 1 month prior your procedure.
- Do not use AHA skincare products close to the area to be treated 2 weeks prior to your procedure.
- Avoid professional chemical peels close to the procedure site 1 month prior to your procedure.
- Please be aware that the National Blood Service does not accept donations of blood for 4 months after a permanent cosmetic enhancement.
- Do not plan any heavy exercise on the day of treatment or for 48hrs afterwards, sweating can effect the retention and healing process.
- I cannot carry out treatments if pregnant or breast feeding.
- Do not bleach your brows, use tanning lotions/sunbeds or sunbathe for a minimum of 2 weeks before treatment. If you are very tanned this will be difficult to determine the right colour pigment!

Eyebrow Enhancement

- Waxing and threading treatments should be performed no less than 1 week prior to your procedure.
- IPL laser hair removal should be performed no less than 2 weeks prior to your procedure.
- Electrolysis treatments should be performed no less than 2 weeks prior to your procedure.
- Eyebrow tinting should be performed no less than 1 month prior to your procedure.
- Eyebrow hair stimulating products should not be used for 4 weeks prior to your procedure.
- Botox in the brow region should be performed no less than 2 weeks pre procedure.

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Pre Procedure Care for Permanent Cosmetic Enhancement (continued)

Eyeliner Enhancement

- Eyelash tinting or eyelash perming treatments should be carried out no less than 2 weeks prior to your procedure.
- Eyelash stimulating products should not be used for 4 weeks prior to your procedure.
- Artificial lashes should be removed 1 week prior to your procedure and not reapplied for two weeks post procedure.
- Do not wear contact lenses during or immediately following your procedure. Remember to bring your glasses. You may resume wearing your contact lenses 24 hours after the procedure.
- You may have mild swelling after your enhancement procedure and as a safety precaution you may wish to have someone drive you home.
- Electrolysis treatments should be performed no less than 2 weeks prior to your procedure.

Lip Enhancement

- If you have a history of cold sores (herpes simplex) and are scheduling a lip enhancement we advise you to use anti herpes medication for example Zovirax cream which can be obtained from a chemist. Use the cream 1 week prior and 1 week after your enhancement 5 times a day. This can help minimise an outbreak. Oral medication such as Aciclovir for cold sores prescribed by your GP to take several days before your scheduled appointment is a much more effective way of preventing an outbreak. Permanent cosmetic enhancements do not cause cold sores, however if you carry the virus, it lays dormant in the nervous system and can be aroused by the infusion process. You can also order Aciclovir online via **https://onlinedoctor.superdrug.com/cold-sores.html**
- IPL laser hair removal around the mouth should be carried out no less than 2 weeks prior to your procedure.
- Waxing and bleaching treatments should be performed no less than 2 weeks prior to your procedure
- Dermal fillers in the lip should be performed no less than 2 weeks prior to your procedure.

Possible contra indications such as a medical condition, long term medication or prescribed medication (highlighted on the medical form) will require the Doctors consent form signed and returned on the day of your appointment. Failure to provide the Doctors consent will prevent your technician being able to carry out the treatment on the day.